



ST. JOHN'S LUTHERAN SCHOOL

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St. John's Lutheran School is a NUT-SENSITIVE school. All nuts and nut byproducts are discouraged. Parents, students, and staff are discouraged from bringing nut products to school. Every precaution is taken in the attempt to keep all classrooms clear of all nut products and byproducts.

Research is unclear why, but more children are becoming allergic to certain foods including peanuts and tree nuts (e.g. walnuts, pecans, and almonds). What makes peanuts and nuts especially harmful to allergic individuals are:

- Peanut dust can become airborne.
- Nuts are more likely to cause severe and potentially life-threatening reactions than most other foods.
- Cross-contamination from peanut butter residue on a table, handrail, etc. can cause a reaction.

We currently have students enrolled with these allergies. The St. John's nut-sensitive guidelines are designed to help provide a safe environment for students and staff diagnosed with peanut and nut allergies. Although all staff are trained to recognize the symptoms of anaphylactic shock and in the use of an EpiPen; our goal is to not have to put children at risk to use these measures.